



VICTORIA PARK JUNIOR SCHOOL

Intimate Care Policy

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Agreed by Governors:	
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Intimate Care Policy



Victoria Park Junior School is committed to safeguarding and promoting the wellbeing of all our children.

Introduction

Intimate care is any care which is associated with invasive procedures relating to bodily functions, bodily products and personal hygiene which demands direct or indirect contact with or exposure of intimate parts of the body, such as cleaning up after a child who has soiled themselves. In addition, some children may need help with dressing/undressing or using the toilet. Most children can carry out these functions themselves but it is recognised that some are unable to due to physical disability, learning difficulties or medical needs.

This Intimate Care Policy has been developed to safeguard children, support staff and ensure good practice is followed. At Victoria Park Junior School all staff are checked with the Disclosure and Barring Service (DBS) and we are committed to ensuring that all staff responsible for the intimate care of children will undertake their duties in a professional and caring manner at all times. We believe that the intimate care of children cannot be separated from other aspects of their learning and development and we believe that every child has the right to feel safe and secure. We recognise the need to treat all children with respect and dignity when intimate care is given. No child should be attended to in a way that causes distress, embarrassment or pain.

We aim to:

- Safeguard the rights and promote the welfare of all our pupils.
- Provide guidance and reassurance to staff whose duties may include intimate care.
- Assure parents and carers that staff are knowledgeable about personal care and that their child's individual needs and concerns are taken into consideration.
- Remove barriers to learning and participation, protect from discrimination and ensure inclusion for all children within our setting.

Our approach to Best Practice

Individual intimate care plans will be drawn up for particular children as appropriate to suit the circumstances of the child.

We will work with parents/carers of a child who requires intimate care to establish a preferred procedure for supporting the child.

Where these procedures may require specialist training, we will seek out training for the staff who will be involved in a child's care, ensuring that the child's key-person and at least one other member of staff accesses the training.

Staff members who are known to the child will take on that responsibility for changing children. The staff member who is involved will always ask the child for permission to assist them. The child will be supported to achieve the highest level of autonomy and independence that is possible given their age and ability. Careful consideration will be given to each child's situation to determine how many staff might need to be present when a child is toileted. Where possible one child will be catered for by one adult unless there is a sound reason for having more adults present. It is the parent's/carer's responsibility to provide nappies, disposal bags, wipes and change of clothes.

Working with parents/carers

We believe that our partnership with parents/carers is an essential at Victoria Park Junior School and is particularly necessary in relation to children needing intimate care. We recognise that the information required to carry out intimate care is gained from parents/carers as is prior permission. We acknowledge that cultural influences may affect what is deemed 'intimate' and ensure we pay regard to social, ethnic and cultural perspectives through open dialogue with parents/carers.

Parents/carers should be encouraged and empowered to work with staff to ensure that their child's needs are identified, understood and met.

When any intimate care is carried out on children with individual care plans, it will be recorded on the child's individual 'log sheet'. All information concerning intimate care procedures is recorded and stored securely.

We appreciate that sometimes children have toileting 'accidents' which are out of character for them. In the event of this, and in the absence of a personal intimate care plan, the child would be fully encouraged and supported to achieve the highest level of autonomy that is possible given their age and ability. Staff will encourage the child to do as much for him/herself as possible and parents/carers will be informed the same day. On the rare occasion that a child is soiled to a point where they are unable

to clean themselves to a comfortable state, parents/carers would be contacted immediately so that the child could be taken home for bathing.

The Protection of Children

Child protection procedures will be adhered to. All children will be taught personal safety skills carefully matched to their level of development and understanding to build their confidence and assertiveness about their own body and its worth.

If a member of staff has a concern about physical changes in a child's presentation, e.g. marks, bruises, soreness etc. they will follow our safeguarding procedures.

If a child becomes distressed or unhappy about being cared for by a particular member of staff, the matter will be looked into and outcomes recorded. Parents/carers will be contacted at the earliest opportunity as part of this process in order to reach a resolution.

If a child makes an allegation against a member of staff, all necessary procedures will be followed (see Safeguarding policy).

Allegations of Abuse

Personnel working in intimate situations with children can feel particularly vulnerable. This school policy can help to reassure both staff involved and the parents of vulnerable children. Action will be taken immediately should there be a discrepancy of reports between a child and a member of staff. Where there is an allegation of abuse, the guidelines in the Child Protection procedures will be followed.

Health and Safety

Guidelines for Changing Children

- If possible children should be changed standing up or using the changing mat to avoid staff lifting children
- The child's skin should be cleaned with a disposable wipe
- Nappy creams/lotions should be labelled with the child's name and used only if prescribed for that child (by their parents/carers) they must not be shared.
- Disposable gloves should be worn when changing nappies. The nappy should be folded inward to cover faecal material and wrapped in a nappy bag. Soiled nappies should be disposed of into the external bin.
- Any soiled or damp clothing should be placed in a plastic carrier bag and passed to parents/carers at the end of the day.

- Once the child has been changed and removed from the changing area, the surface should be cleaned with an antibacterial detergent spray or wipe and left to dry.
- Gloves, apron and any items used for cleaning the changing area will be wrapped and disposed into the external bin
- Hands should be thoroughly washed afterwards.
- Complete the intimate care record.

Policies

These guidelines should be read in conjunction with policies:

- Health and Safety Policy
- Child protection and Safeguarding Policy
- Medical Conditions Policy
- Complaints Policy

The governing body reviews this policy every two years. The governors may, however, review the policy earlier than this, if the government introduces new regulations, or if the governing body receives recommendations on how the policy might be improved.